

Biographical Sketch
Gerard Costa, Ph.D.
January 2025

(a) Professional Preparation

<u>School</u>	<u>Major/Area</u>	<u>Degree</u>
St. Peter's College, JC, NJ	Psychology	BS, 1973
Fairleigh Dickinson Univ., Teaneck, NJ	General-Theoretical Psychology	MA, 1976
Temple University, Phila., Pa.	Developmental Psychology	MA, 1978
Temple University, Phila., Pa	Developmental Psychology	Ph.D., 1988

(b) Certifications, Selected Key Positions and Appointments

Licensed Psychologist, State of New Jersey	1993- Present
Brazelton Touchpoints Center, Boston, Faculty Level Training	2004 – 2021
Interdisciplinary Council on Developmental and Learning Disorders (ICDL), DIR Certificate – Training Leader	2006- Present
Interdisciplinary Council on Developmental and Learning Disorders (ICDL), Board Member (2011- Present); President (2016 – Present)	2011- Present
New Jersey Association for Infant Mental Health, Infant Mental Health Endorsement, Level IV – Clinical Mentor	2013 - Present
Certificate in “Self-Reg” (https://self-reg.ca/)	2016- Present
Founding Director, Center for Autism and Early Childhood Mental Health College of Education and Human Services. Montclair State University.	2011- 2021
Graduate Program Coordinator, Post-Baccalaureate Certificate in Developmental Models of Intervention & Graduate Certificate in Infant and Early Childhood Health. Montclair State University	2012-2019
Principal Investigator – New Jersey Autism Center of Excellence (ACE) Coordinating Center at Montclair State University. \$ 3 Million +, 6-year award, overseeing over 30 clinical research sites funded by the NJ Department of Health, Governor’s Council for Medical Treatment and Research of Autism, and designated as the “Voice of Autism Research” in New Jersey.	2012-2018
Professor, MSU-CEHS, Department of Teaching and Learning	2016- 2021
Professor, MSU-College of Education, Department of Family Science and Human Development	2023- Present
Principal Investigator – Socio-Emotional Formation Initiative (SEFI). Ongoing \$ 1.1 Million/year award, providing training, technical Assistance and IECMH Consultation to Early Care and Education programs in the areas of socio-emotional Development and inclusion as part of the Grow NJ Kids, QRIS System Sites throughout New Jersey, funded by te New Jersey Department of Human Services.	2016- 2021
Principal Investigator – New Jersey Inclusive Education Technical Assistance (NJIETA) Project at Montclair State University. \$8 Million, 5.5-year award, to provide three Categories of support to promote full inclusion ofpublic school sites from Pre-K to Grade 12, targeting 375 school sites, funded by the NJ Department of Education, Office of Special Education.	2020-2021
Founding Director, YCS Institute for Infant and Preschool Mental Health	2000-2011
Founding Director, Institute for Training in Infant Mental Health, Newark1997-2000 Renaissance House	
Clinician/Clinical Coordinator, Family Program for Infants and Young Children, University Behavioral Health Care, UMDNJ	1990-1997
Founding Director, Zero to Three Project, Youth Development Clinic, Newark	1990-1993
Director, HOPES Head Start, Hoboken, NJ – First full year director.	1979-1981

Graduate Faculty, ICDL Graduate School (2006-2014) and Fielding University (2014 - Present), Doctoral Program, Ph.D. in Infant and Early Childhood Development	2006-Present
Clinical Assistant Professor, Department of Psychiatry, University of Medicine and Dentistry of New Jersey (now Rutgers) New Jersey Medical School	1996 – 2011
Clinical Instructor, Yale University, Child Study Center, Child Development-Community Policing Program	2000-2003
Adjunct Faculty, Graduate Programs at Fairleigh Dickinson University, Seton Hall University, Rutgers University	1976-2006
Gubernatorial Appointment (2 governors), New Jersey Council for Young Children	2011- 2021
Member, Board of Directors, Interdisciplinary Council on Developmental and Learning Disorders, Bethesda, MD., President, 2016-present	2010 - Present
Member, Board of Directors, Gateway-Northwest Maternal and Child Health Consortium, Partnership for MH of Northern New Jersey	1998-2014
Member, New Jersey BUILD Initiative - Association for Children of New Jersey (ACNJ)	2002- 2019
Member, New Jersey Statewide Autism Task Force Department of Education Division of Special Education	2002-2003
Member, Early Intervention and Prevention Committee, New Jersey Community Mental Health Board	2000-2002
New Jersey Early Intervention Task Force on Autism	1999-2000
Member, Hoboken, New Jersey, Board of Education – Elected	1988-1990
Chairperson, Early Childhood Education Ad Hoc Study Committee, New Jersey School Boards Association (NJSBA).	1988-1990

(c) Selected Publications Pertaining to Infant/Child Mental Health/Autism

- Nenide, L.S., Sweeney, K., Corso, R., Costa, G. and Horen, N.M. (Eds). (2025). Uniting Infant Mental Health and the Pyramid Model: Connecting Principles and Practices to Improve Outcomes. Baltimore, MD: Brookes Publishing
- Costa, G. (2025). Professional formation in infant and early childhood mental health and the pyramid model: Ways of knowing, doing and being-with. In Nenide, L.S., Sweeney, K., Corso, R., Costa, G. and Horen, N.M. (Eds). Uniting Infant Mental Health and the Pyramid Model: Connecting Principles and Practices to Improve Outcomes. Baltimore, MD: Brookes Publishing.
- Catalano, C. G. and Costa, G. (2025). Understanding stress and regulation with the “brain in mind” In Nenide, L.S., Sweeney, K., Corso, R., Costa, G. and Horen, N.M. (Eds). Uniting Infant Mental Health and the Pyramid Model: Connecting Principles and Practices to Improve Outcomes. Baltimore, MD: Brookes Publishing.
- Costa, G (2023). Foreword. In Garofallou, L., & Silva, L. An At-Home Guide to Children’s Sensory and Behavioral Problems: Qigong Sensory Treatment for Parents & Clinicians. Taylor & Frances.
- Costa, G., Foley, G. and Stallings-Sahler, A. (2023). Child with sensory processing disorder (SPD): Sensory under-responsivity (SUR) disorder. In K. Mulrooney, M. Keren and J. Osofsky (Eds.). DC:0-5 Casebook. Zero to Three: Washington, DC.
- Blanck, E.J., Foley, G.M. and Costa, G. (2022). Start spreading the news: New York State’s DC:0-5 Initiative. Zero to Three Journal. Washington, DC: ZERO TO THREE, 38-46.
- Costa, G (2022). Teaching with no labels: An AGILE approach to ASD. epmagazine.com, Exceptional Parent Magazine. April 2022, 17-19.
- Costa, G. (2021). Reconceptualizing training as professional formation in the fields of autism and infant mental health. In N. Papaneophytou and U.N. Das (Eds.), Emerging Programs for Autism Spectrum Disorder: Elsevier: Amsterdam, 211 – 236.
- Costa, G. (2020). Expert voice: On Autism. In, Shanker, S. and Hopkins, S. Self-Reg for Schools: A Handbook for Educators. Pearson Canada: North York, Ontario, Canada, 58-61.

- Costa, G. & Noroña, C.R. (2019). The art and science of obtaining a history in infant and early Childhood mental health assessment. In K.A. Frankel, J.N. Harrison & W.F.M. Njoroge (Eds.), Clinical Guide to Psychiatric Assessment of Infants and Young Children. New York: Springer Publishing Co, 21-76.
- DiBella, A., Sullivan, L., Costa, G. & Mulcahy, K. (2015). Keeping babies & children in mind” Promoting resiliency for infants, toddlers and young children through the support of their caregivers. New Jersey Pediatrics, Special Edition 2015, 36-37.
- Costa, G., Mulrooney, K & Spinazzola, N. (2013). Stronger than the storm: Keeping infants and young children in mind during the response to superstorm Sandy, Zero to Three, November 2013, 42- 49.
- Costa, G. & Sullivan (2009). What Staff Development Activities Can Be Used to Build Reflective Capacity? (Chapter 9) (2009). In S.S. Heller and L.Gilkerson (Eds.), A Practical Guide to Reflective Supervision. Washington, D.C: ZERO TO THREE Press. 149-182.
- Costa, G. & Witten, M.R. (2009). Pervasive developmental disorders (Chapter 4), In B. Mowder, F. Robinson and A. Yasik (Eds.), Evidence Based Practice in Infant and Early Childhood Psychology, Hoboken, NJ: John Wiley & Son, Publishers, 467-499.
- Costa, G. (2006a). Mental Health Principles, Practices, Strategies and Dynamics Pertinent to Early Intervention Practitioners (Chapter 5), In G.M. Foley and J.D. Hochman, (Eds.), Mental Health in Early Intervention: Achieving Unity in Principles and Practice. New York: Paul T. Brookes Publishers, 113-138.
- Costa, G. (2006b). The wizard of echolalia. In. C.N. Ariel and R.A. Naseef (eds). Voices from the Spectrum: Parents, Grandparents, Siblings, People with Autism, and Professionals Share Their Wisdom. London: Jessica Kingsley Publishers, 223-226.
- Costa, G. (2004). The experience from within: Helping the child protective caseworker. Best Practice-Next Practice. Washington, D.C. National Child Welfare Resource Center for Family Centered Practice, Children’s Bureau, 4-7.
- Costa, G. (2003). Better treatment for Candace: How trained psychotherapists would have approached this case (Chapter 6), In Attachment Therapy on Trial: The Torture and Death of Candace Newmaker by Mercer, J. Sarnier, L and Rosa, L., Connecticut: Praeger Publishing, 135-159.
- White-Tennant, G. and Costa, G. (2002). The infant mental health approach. Head Start Bulletin, 73, 6-9.

(d) Synergistic Activities

Founded and led two infant mental health institutes since 2000. Still operational.
Principal author and major collaborator of grant proposals totaling over \$ 25 million since 2007.
Created and lead national Consortium of IMH and Pyramid Model involving multiple states, since 2016.
Led two statewide infant mental health projects in Wyoming (2006-2009) and South Dakota (2009-2010) and statewide Strategic Planning initiative in IECMH in Missouri (2018-2019).
Planning Team and NJ Lead on two National IMH Systems’ Development Summits (2005 & 2007).

(e) Select Collaborators and Other Affiliations

National and International Presenter at events in 30 US states and 11 international sites

Infant Mental Health Consultant - Early Head Start National Resource Center at Zero to Three and Consultant for ZERO TO THREE. – Consultant and Trainer for <i>Pathways to Prevention and Coming Together Around Military Families</i> (CTAMF)	2000 - Present
ZERO TO THREE – Selected as one of first 16 international Expert Faculty for DC: 0-5	2016- Present
Expert Consultant to <i>Save the Children</i> and <i>Office of Head Start</i> (OHS)	2010
Member of Editorial Board. <u>Journal of Early Childhood and Infant Psychology</u> , Pace University Press.	2005 –2017
Dissertation Chair for 5 Ph.D. candidates and Committee member/Reader for over 17 candidates	2003 - Present